



# Growing HOPE

[www.growinghope.org.uk](http://www.growinghope.org.uk)

Providing free therapy clinics for children and young people with additional needs and their families in partnership with local churches across the UK.

[naomi@growinghope.org.uk](mailto:naomi@growinghope.org.uk)

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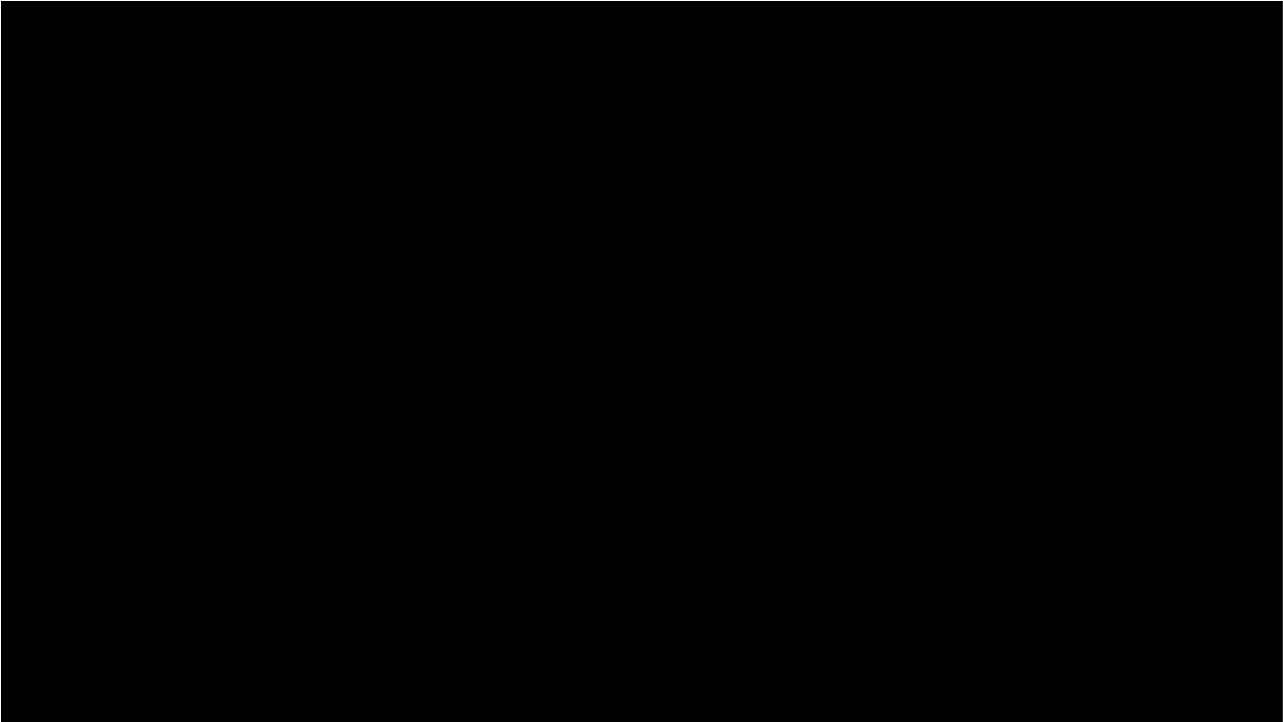


## Additional needs

- Physical needs
- Learning needs
- Mental Health needs
- Undiagnosed needs
- Anything impacting on participation

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Choose to see  
as Jesus sees



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HOPE**  
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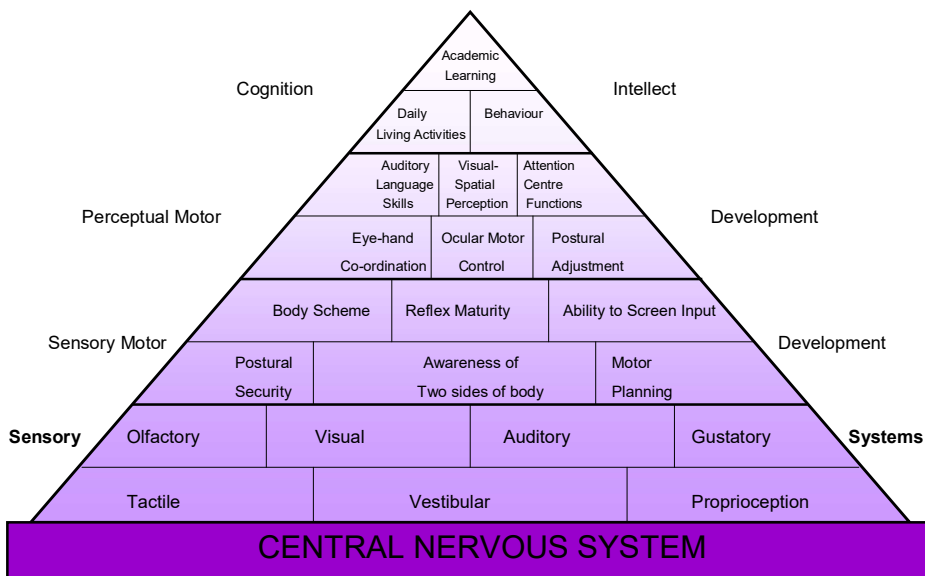
4




What do you do in your morning routine?

5

*This diagram is courtesy of Taylor and Trott and is taken from 'How Does Your Engine Run?® A Leader's Guide to the Alert Program for Self-Regulation (Williams & Shellenberger, 1996).*



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Sight (visual)

Hearing (auditory)

Smell (Olfactory)

Taste (Gustatory)


Touch (Tactile)

Balance (Vestibular)

Body awareness (Proprioception)

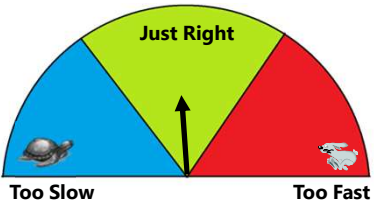
Internal sense (Interoception)

## Sensory processing




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## Calming & alerting

Sense	Calming	Alerting
Sight	Geometric, plain	Busy, flashing
Smell	Vanilla, Lavender	Pungent, strong
Taste	Vanilla, lavender, chocolate	Spicy, sour, lemon
Hearing	Rhythmic, steady	Busy, changing
Touch (tactile)	Deep pressure	Light tickly touch
Balance (vestibular)	Linear movement	Stop, start, rotating
Body Awareness (proprioception)	HEAVY WORK	

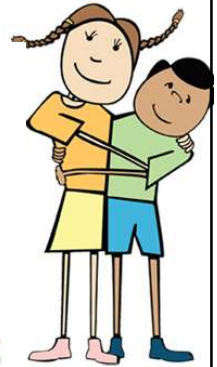


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# Movement activities



**Squash**

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## WHEN DREAMS CHANGE

## WHEN DREAMS CHANGE

When Dreams Change aims to enable parents and carers to reflect on their experience of having a child or young person with additional needs, and to become more of the person they have been created to be.

*'I think one of the most important things of going on the When Dreams Change course for me was just acknowledging that I'm a person who can have dreams. It dared me to dream about things not just for my child who has additional needs but for myself as well.'*

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**SIBLINGS  
GROUP**



**WHEN  
DREAMS  
CHANGE**

Train to be a facilitator

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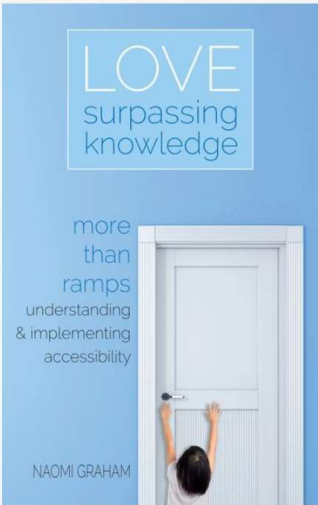
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## Love Surpassing Knowledge



LOVE SURPASSING KNOWLEDGE BY NAOMI GRAHAM

Love Surpassing Knowledge is a book about creating an accessible community which reflects God's heart for all people. Accessibility is so much more than ramps and physical access. This book explores how we can enable everyone to have a deep knowledge of God's love – a love that surpasses the things we can cognitively know or explain. A love that does not depend on our own ability, but entirely on the character of God. A love that sees value in each and every individual, no matter what the world sees.

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## Questions?

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