Providing free therapy clinics for children and young people with additional needs and their families in partnership with local churches across the UK.

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**Additional needs**

- Physical needs
- Learning needs
- Mental Health needs
- Undiagnosed needs
- Anything impacting on participation
Choose to see as Jesus sees
What do you do in your morning routine?

This diagram is courtesy of Taylor and Trott and is taken from 'How Does Your Engine Run?® A Leader's Guide to the Alert Program for Self-Regulation' (Williams & Shellenberger, 1996).
Sensory processing

- Sight (visual)
- Hearing (auditory)
- Smell (Olfactory)
- Taste (Gustatory)
- Touch (Tactile)
- Balance (Vestibular)
- Body awareness (Proprioception)
- Internal sense (Interoception)

Calming & alerting

<table>
<thead>
<tr>
<th>Sense</th>
<th>Calming</th>
<th>Alerting</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sight</td>
<td>Geometric, plain</td>
<td>Busy, flashing</td>
</tr>
<tr>
<td>Smell</td>
<td>Vanilla, Lavender</td>
<td>Pungent, strong</td>
</tr>
<tr>
<td>Taste</td>
<td>Vanilla, lavender, chocolate</td>
<td>Spicy, sour, lemon</td>
</tr>
<tr>
<td>Hearing</td>
<td>Rhythmic, steady</td>
<td>Busy, changing</td>
</tr>
<tr>
<td>Touch (tactile)</td>
<td>Deep pressure</td>
<td>Light tickly touch</td>
</tr>
<tr>
<td>Balance (vestibular)</td>
<td>Linear movement</td>
<td>Stop, start, rotating</td>
</tr>
<tr>
<td>Body Awareness</td>
<td></td>
<td>HEAVY WORK</td>
</tr>
<tr>
<td>(proprioception)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Movement activities

Squash

17/05/2023
‘I think one of the most important things of going on the When Dreams Change course for me was just acknowledging that I’m a person who can have dreams. It dared me to dream about things not just for my child who has additional needs but for myself as well.’
Train to be a facilitator

Vicki.smith@growinghope.org.uk

Www.growinghope.org.uk/training

Love Surpassing Knowledge

LOVE SURPASSING KNOWLEDGE BY NAOMI GrahAM

Love Surpassing Knowledge is a book about creating an accessible community which reflects God’s heart for all people. Accessibility is so much more than ramps and physical access. This book explores how we can enable everyone to have a deep knowledge of God’s love—a love that surpasses the things we can cognitively know or explain. A love that does not depend on our own ability, but entirely on the character of God. A love that sees value in each and every individual, no matter what the world sees.

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Questions?

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