

## ACCOMMODATION COSTS:



Accommodation is full board.

Retreat costs: Guests **£825**

Guest's Carer: **£415**

We are unable to provide personal care. It is the guests responsibility to hire and directly pay for any mobility equipment. Outings/Excursions will be extra.

## ARRIVAL & DEPARTURE TIMES:

Arrival Date: **Monday 6<sup>th</sup> September** Time: **from 4:00 pm**

Departure Date: **Sunday 12<sup>th</sup> September** Time: **2:00 pm**

## THE RETREAT:



One of the greatest blessings that God gives to us when we become followers of Jesus is that we can know who we really are. "To all those who received Him, that believe in His name, He gave the right to become children of God" (John 1:12). This is who we are but it is only the

starting point. Knowing your identity is the beginning of deep-down change. It empowers you to believe and to live in the way that God intended when he designed you. This retreat will enable you to understand your own identity in God and to be confident in who you really are.

This will be our focus throughout the week as we spend time meeting with God and each other. There will be times of teaching and reflection (the retreat is open to all over 18's - please note teaching will be at an adult level). Whilst the emphasis is predominantly spiritual, we will also enjoy a few outings/excursions too, including a trip to the seaside town of Hastings! Please note that this is **not** an activity holiday!

## THE TEAM:

Leading the week will be some familiar faces from previous Retreats and Holidays, as well as a of couple new faces. We have Ros (Ros used to work with Through the Roof) and her new husband Keith; Ron and Ruth, and Linda and Malcolm (all previous holiday helpers), and Jan, from Through the Roof.



Alpha House, Alpha Place, Garth Road, Morden, Surrey SM4 4TQ

Registered Charity: 1087788 Registered Company: 04201510

[www.throughtheroof.org](http://www.throughtheroof.org)

**6<sup>th</sup> - 12<sup>th</sup> September 2021**

**Through the Roof invites you to our in-person**

**(residential) retreat**

**at Ashburnham Place,**

**Nr. Battle, East Sussex TN33 9NF**



## OUR THEME FOR THE WEEK:



### I Am Who HE Says I Am

One of the greatest blessings that God gives to us when we become followers of Jesus is that we can know who we really are. "To all those who received Him, that believe in His name, He gave the right to become children of God" (John 1:12)

## THE VENUE:

Situated in the heart of 220 acres of beautiful English countryside, Ashburnham Place is the ideal spot to get away from the hustle and bustle of everyday life and spend time with God. Idyllic, reminiscent of a stately home, it offers the essential 'retreat' ingredients: God's presence, seclusion, peace and tranquillity.



## ACCOMMODATION:



Guest bedrooms (shared twin with en-suite bathroom) are on the ground floor with step free access. Adaptations have been made to modernise the facilities - two of the rooms available to us are wheelchair accessible with wet rooms (suitable for those able to transfer to a standard bed - sadly, rooms are not suitable for the hiring of profiling beds). Most other rooms have an easy access shower with approximately 1" lip to avoid water escaping. Accessible rooms will be allocated on a first come first served basis.

## APPLICATION FORM:

You will receive a comprehensive form which needs to be completed as soon as possible, before we can confirm your place (spaces are limited). On confirmation a deposit of 50% will need to be paid - please *do not send any money until you have received an invoice* confirming your place. Please see the 'More Information' section to request an application form.

## PERSONAL CARE:

Through the Roof is unable to provide personal care. If personal care is required it is the responsibility of the guest to bring their own family member, friend or employed carer. A discounted 'guest's carer' rate will be payable.

## EQUIPMENT HIRE:

Any hired items such as scooters, hoists or other aids must be organised and paid for directly by you before the retreat. Please remember rooms cannot accommodate profiling beds. If you don't have your own contacts, here's a couple of companies we found online, although we haven't tried them: [mobilityequipmenthiredirect.com](http://mobilityequipmenthiredirect.com) or [mobilityhire.com](http://mobilityhire.com)

## TRAVEL:

You will need to arrange your own travel to Ashburnham Place. The nearest fully accessible train station is Hastings. Taxis are available at the station and cost approximately £25-£30. Booking ahead is essential if an accessible vehicle is required. If you are able to manage stairs, then Battle station is the nearest to Ashburnham, however it is not always staffed. Travel insurance is also your responsibility.



## OUTINGS/EXCURSIONS:

Throughout the week, we will go on some outings / excursions, such as a trip to the seaside town of Hastings. Admission to attractions and venues e.g. Crazy Golf, the Bluereef Aquarium, the clifftop cable-car ride, souvenirs, cream teas, ice creams and more will be an extra expense payable separately. If you are a blue badge holder, it may be helpful to bring your badge with you.

## MONEY:



There is not a cash point on site, but both the bookshop and café (pictured below) accept card payments. Please ensure you have cards or cash to cover any purchases you may make.

## COVID-19:

Even though restrictions have been eased, we will be carefully monitoring the situation and taking all necessary steps to ensure that the retreat will be conducted in a Covid secure manner, appropriate to the time of our visit, as well as encouraging the ongoing observance of precautions e.g. hand sanitising.

## MORE INFORMATION / CONTACT US:

For more information or to request an application form you can contact us by:  
Email: [jan@throughtheroof.org](mailto:jan@throughtheroof.org) OR Phone: 01372-749955

Post: Jan Nicholson (Retreat)

Through the Roof

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