



vital link

The Newsletter for Through the Roof



Is Disability Good For Us?



A Changed Man



In At The Deep End



Disability Inclusion In Our Churches



Institution Or Inclusion?

Stories from the 2019 Churches Inc Ukraine Trip

Zechariah was born with Cerebral Palsy 14 years ago to Pastor Volodymyr and his wife, Oksana, in Ternopil, Western Ukraine. Doctors put great pressure on the couple to give Zechariah up to an institution because ‘they would have no quality of life.’ The couple disagreed, choosing to accept their son as a precious gift, created in God’s image. Life is hard – the couple receive only enough financial support from the government to pay for incontinence pads, and Zechariah is educated at home, due to the lack of state provision for disabled children. However, his parents and church love Zechariah and many people have been touched by his life, as the family strive to support and encourage others who choose to keep their children, despite great pressure to do otherwise.

“We took the opportunity to pray with residents that they would know God whatever their circumstances.”

Volodymyr Kostyshyn, Pastor of Grace Baptist Church, hosted our Churches Inc team of Kerry, Phil, Mike, Edith and Trevor, who were visiting Ternopil for the first time to meet with, and train as many disabled people and church leaders as they could.

Mike – Chair of Through the Roof – shared about the global picture of disability. He explained the medical and social models of disability but recommended a relational model, which says that we all have limitations and gifts, and are designed

to live interdependently. It’s a positive thing that we need each other! Mike also encouraged listeners not to give up or despair but to keep moving forward. Trevor – an ordained minister, gave a Biblical perspective on disability, suggesting that disability can be used by God to show His grace and mercy. We can know God in our weaknesses, for example Ellen, his daughter has cerebral palsy. She is full of joy despite her physical challenges.

The group responded enthusiastically to our message, and many shared their own stories, with a common theme of feeling extreme despair and depression about their disabilities but finding hope in the love of other people and God.

We were very encouraged by the work Volodymyr and another local Pastor, Ihor, were doing to reach out to disabled people in their communities. We visited a centre that supports families who have children with learning disabilities. Local churches have provided funds to employ two staff – alongside two staff employed the government – to help these families with a range of challenges such as poverty, education and emotional support.

We visited the only hospice in Ternopil, which is run by the state and supports about 30 people. Typically, if someone is dying, they are alone and don’t receive palliative care, unless they have family support. The old manor home looked grand, but was extremely run down with many parts uninhabitable. We took the opportunity to pray

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Our Vision

'... is all people enjoying life together, mutually giving and receiving, as God intended'

Our Mission

'... is transforming lives through Jesus with disabled people'

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with residents that they would know God whatever their circumstances.

We also visited a small old people's home for the neediest. Again, without family support, there is no care available if you are ageing and unwell. On entering a small room for 8 people we were greeted by Olga, a resident at the home.

She immediately started sharing her testimony of how she came to know Christ. She was beaming. She shared how she had been bed-ridden for 8 months with depression, but was now up and

walking, giving all the glory to God. We thank God for Olga and pray that her testimony may speak to others there.

The team were blessed by their time in Ukraine and pray that they have also been a blessing to those who live in extremely challenging circumstances. Blog posts and photos are on our website: www.throughtheroof.org, and you can find out how to join a future Churches Inc trip later in the newsletter.

A Heart To Connect

By **Fiona Gosden - Deputy Church Inclusion Coordinator**

It was fantastic to meet the Edinburgh Roofbreaker Network recently and celebrate what God is doing there. We thank Claire Wilson as she hands over to a new coordinating team after 6 years in the role. Claire's vision for the network and heart to see disabled people connected within churches is evident and her hard work is appreciated by everyone who's been involved. An Area Network meeting is a safe place for local Roofbreakers to share ideas and to encourage and pray for each other. I think this description from a network attendee sums it up perfectly: "a place of safety and security, an ideal home, where we can be ourselves and know that we are accepted for who we are. We have easy access to understanding and acceptance. We may be challenged to grow here, but always in the context of a deep and strong love". Please keep the new team in your prayers!

As I shared my testimony of how God brought me to TTR, he really put the vision on my heart again—we need each other's support and prayers to see more disabled people connected to church.

We also need disabled people's unique voices to see change in perspectives and to grow empathy.

It can often be hard to talk about faith in settings where inclusion is the main agenda, or vice versa, so Networks are valuable places to talk about faith and inclusion together. We discussed barriers to church, such as inaccessible buildings, and improvements in technology that have made adjustments easier. The day ended with prayer and planning for the next year—we're excited to see God use this group for His Glory!

There were several new Roofbreaker sign ups, which is fantastic because we believe every church needs a Roofbreaker!

Everyone who signs up receives a free 'starter toolkit', and monthly e-mail encouragement with ideas to transform church life and ensure that disabled people can belong and contribute to God's Kingdom (**Luke 5**).

Join us at: www.throughtheroof.org and together God can use us to change lives across the UK.

Take A Break In 2020

Plans are already under way for the holidays of 2020!

We are planning to hold two retreats at Brunel Manor, Torquay (April 6th – 10th) and another one over Summer Bank Holiday (28th – 29th August TBC)

We are also planning holidays at:

Center Parcs, Sherwood Forest, Notts (8th – 12th June)

Activity Holiday at Treloar's College, Hants (Jul 27th – 1st Aug)

DCF coastal Holiday at Brunel Manor, Torquay (1st- 7th September)

These dates were yet to be finalised at time of printing, so please contact us on **01372 749955** or jan@throughtheroof.org for the holiday leaflet with full details. We'd love for you to join us for a great time of fun, friendship and spiritual food.



Join us for a break in 2020



Get in touch to find out more about our accessible and welcoming holidays

Hello Suzanne!

Our new Team Administrator

My name is Suzanne Lyse and I am delighted to be welcomed into the TTR family as Team Administrator.

I am married to Remy and have 3 wonderful children. We have lived in Epsom for 20 years where we raised our family and recently celebrated our youngest child's 21st birthday.

I first came across Through the Roof when a friend asked if I'd be interested in helping as a volunteer on the Dalesdown holiday for families with autistic children. I was already working in a school helping children with learning difficulties. After much deliberation, I said yes, and ended up volunteering on a further 6 holidays! As much as I helped those children, I also came home feeling closer to God and fulfilled in many ways.

My background in admin has been working in event management for hotels, however, I retrained a few years ago as a teaching assistant and then to teach English as a foreign language and have been happily volunteering to help refugees learn our language and settle into their new environment.

The last few years, I felt I needed to find a salaried, part-time position to help my family with student accommodation and fees. When this position became available, I knew instantly I would apply.

I grew up in a multi-national family and as a result speak French, German and am re-learning the Russian I spoke as a youngster. We are planning to visit Russia over Christmas so I have a deadline to improve. I've been told I speak pre-revolution Russian. Not so cool, but it's a base from where I can improve.

I am looking forward to meeting you all and meantime, please be patient while I try to learn my new role. Fingers crossed and much prayer needed!



Suzanne and Jan began work in September

Welcome Jan!

Our new Holidays and Events Administrator

I currently live in Surrey, and am actively involved in the life of Sutton Christian Centre, an Assemblies of God church, serving in the Worship team, Mums and toddlers group, and am also privileged to be Chair of the Deacons.

I have lifelong, first-hand experience of the physical, mental, emotional and spiritual challenges of everyday living with a disability.

After school I obtained Diplomas in Business Studies and Graphics and worked in insurance until 1992 when, following God's prompting, I started (and continue) working for Connections Trust, a multi-racial, multi-cultural Charity, promoting unity between the 'black' and 'white' churches in our nation, Europe and beyond. It also provides a ministry of 'Helps' (overseas aid) to people in developing countries.

As a committed Christian, I am passionate and dedicated to seeing and facilitating unity amongst

different people groups, bringing God's love and ways into situations where there is a gap or divide, whether by race, colour, culture, age, gender, physical/mental ability, denomination, lifestyle or wealth.

Unity is not an 'optional extra' - rather it is an intrinsic part of God's DNA. God's heart beats for unity, acceptance, inclusion and caring of all, by all. It's fantastic that this is also the heart and ethos of Through the Roof.

"...the King will say, 'I'm telling the solemn truth: Whenever you did one of these things to someone overlooked or ignored, that was me—you did it to me.'" **Matthew 25:40**



Thank you to everyone who's already welcomed them to TTR

Is Disability Good For Us?

By Dr Mike Townsend, Chair of Trustees

I am just back from a Churches Inc trip in Ukraine. On the Saturday, we welcomed disabled people and their families to a meeting, and got off to a brilliant start with a beautiful violin recital from Natalia. Natalia is an accomplished musician playing with leading Ukrainian orchestras. She uses a wheelchair after becoming disabled at twelve after falling out of a tree. Amazingly, Natalia thanks God for her disability. Through it she came to believe in Jesus. When asked about healing, Natalia says that God uses her gifts as she is. One day she will meet Jesus face to face and won't need a wheelchair.

A number of disabled children came. Their parents spoke of the challenges they face. The state tries to insist that very disabled children be cared for in large institutions. Volodymyr, our Ukrainian host, has a disabled boy, Zechariah, and runs a group for families with disabled children. Zechariah loves music. It was good to be able to share together the struggles, tragedies, and victories.

Can God use people with disabilities like Natalia?

We shared personal testimonies. I am clear that God uses me - even the gift of blindness. People seem to remember what I say. Several say, "You understand. You know what it is like to be me." For the first time, I heard the story of my fellow trustee, Trevor Hahn. When born, his daughter Ellen died. God led Trevor to touch Ellen and pray. Ellen came back to life but is profoundly disabled. Ellen has no words, but a beautiful smile. That smile has led people to Jesus! Profoundly disabled Ellen is an evangelist!

The apostle Paul himself struggled with disability and illness. "There was given me a thorn in my flesh, a messenger of Satan, to torment me. Three times I pleaded with the Lord to take it away from me." (2 Cor 12 7-8). We don't know what the "thorn" was, but the Greek word "Skolops" can mean something physical or problems with



Beyond inclusion to belonging

personal relationships. However, when reading this in my daily Bible study, I had forgotten that illness brought Paul to Galatia where he shared the gospel.

"As you know, it was because of an illness that I first preached the gospel to you. Even though my illness was a trial to you, you did not treat me with contempt or scorn. Instead, you welcomed me. ... I can testify that, if you could have done so, you would have torn out your eyes and given them to me." (Gal 4 13-15).

Paul also wrote with large letters. Perhaps he had some sight loss? God left Paul with his "thorn" despite his pleading. Why?

God says, "My grace is sufficient for you, for my power is made perfect in weakness." (2 cor 12.9).

God's power is transmitted through Natalia, Ellen, Paul and even me!

International Missions 2020

Our International Mission trips have spaces for techies, therapist, administrators, teacher/trainers, pastors, photographers and bloggers. We particularly require Therapists with specialist seating experience for the February and May trips. Your skills and experiences can help to change lives, so please contact: shaun@throughtheroof.org if you are interested.

Wheels for the World trips 2020:

Kumi, Uganda	5th – 15th February 2020
Maputo, Mozambique	6th – 16th May 2020
Ternopil, Ukraine	5th – 15th August 2020
Elburgon, Kenya	4th – 14th November 2020

Churches Inc trips 2020:

Kerala, India	24th March – 3rd April 2020
Uberlandia, Brazil	30th June – 10th July 2020
Ternopil, Ukraine	5th – 15th August 2020

Taking The Long View

By Revd Glen Graham

Until 8 years ago, I would never have defined myself as disabled, despite being blind since birth. I knew I was different, but I lived as a 'normal' person whose eyes didn't work.

But when I became chair of the Baptist Union Disability Justice group in November 2011, my perspective changed. I believed (and to some extent still do) I lead a privileged life. I had friends, a vocation, enriching life experiences and two degrees. As I heard how many disabled people had been made to feel unwelcome in Church, not allowed to fully participate, or even excluded completely, I realised I had been playing the "I'm okay, you're okay" game, pretending all was okay when it wasn't. I had accommodated myself to celebrating the good and make excuses for the bad, like playing down the discrimination I experienced getting a Call as Pastor to a Church. I realised a number of things.

Firstly, that I am a disabled person because society and institutions disable me.

Second, I had suffered at the hands of the Church.

(I received a full apology from the central resource of my denomination and enjoy excellent working relations with them).

Finally, that it isn't primarily about me. I have a voice. But many disabled people don't. That's why I do what I do.

Eight years on I am delighted to be a Roofbreaker, and chair of the Baptist Union Disability Justice group and the Churches for All network. I love God, I love God's Church and the whole of humanity made in His image. I long to tell the world how disabled people display the image of God just as we are, and to show the Church what's missing when disabled people aren't playing our God-chosen part in the heart of everything we do.

The barriers are starting to come down, but there is a long way to go. That's why we have to take the long view.

Glen is an ordained Baptist Minister leading a church in Devon. Please pray that he can influence and bring about positive change where God has placed him.

A Changed Man

Just one story from **Wheels for the World in Uganda 2019**

Maurice is 34. He worked in IT in Juba, South Sudan, until it was devastated by war. In 2015 he was paralysed in an accident and carried to relative safety in northern Uganda. He now lives in the world's largest refugee camp, Bidi Bidi, with 270,000 people. 19,000 of them need a mobility aid!

Maurice's wife left him because of his disability, so he is now a single Dad with a 4-year old in harsh circumstances. He has nasty pressure sores from living on a mud hut floor. There's free healthcare at the camp, but Maurice is stuck indoors with no-one to carry him there.

Many called him a 'waste of time' but our team heard of his situation when we partnered with Health Hope Action (HHA), a UK Christian NGO. Team-member Marianne assessed him, dressed his wounds, and fitted him with a wheelchair with pressure-relieving cushioning. Sitting upright he looked a changed man. A wheelchair means he can now get the medical help he needs. "Disability is not inability", he smiled, and said the wheelchair will enable him to visit other disabled people to encourage them. Your support changed Maurice's life—thank you!

You can find videos, photos, and many more stories from the trip to the Refugee Centres in North Uganda at www.throughtheroof.org. See earlier in the magazine for details on joining a future trip.



Your support means Maurice can now access medical care

With Us Always

By Jenny Edwards M.B.E.

I have recently been reading a book where a terrible accident leaves a 15 year old lad severely burned and critically ill. A lady, visiting another gentleman, sits by the boy's bed and talks gently to him. As she speaks and encourages him to rest, the lad dies, peacefully believing his mother had spoken to him.

This is a picture of our heavenly Father as He watches over every second of our lives, always there when we need Him and always able to comfort us. I am reminded of Psalm 139 that tells us that God knows us through and through, He even knows our thoughts!

Recently I was taken ill and admitted to a strange hospital while I was away on a DCF holiday. I was unwell, very uncomfortable, a long way away from home, and for a few days unable to read my Bible or pray, yet I was aware that God

was with me. My friends and family travelled to visit me, for which I was so grateful. I was aware of their love, but more importantly of His love and care. I began to see that even this episode in my life was in God's plan for me. He was thinking of me constantly, and also getting on with the healing process that is now almost complete. Psalm 139 reads (in the Passion version) "Every single moment you are thinking of me...when I awake each morning you are still with me".

Just as that young boy was comforted by what he believed to be his mother's presence, so was I comforted by my Heavenly Father's, and the amazing thing is, God does not go off duty when He has done the healing. No, He continues to hold you close to Him every moment of every day. What an amazing Father!

In At The Deep End

By Amanda Topps, Volunteer

The weather was glorious for all twelve of us at the 'Time out with God' retreat at beautiful High Leigh in Hoddesdon. Jenny and Paula were sadly unable to lead the retreat, but it went ahead with Matt and I flung 'in at the deep end!' to lead.

The verse for the weekend (**2 Corinthians 1 verses 3-4**) about comforting others with the comfort we have received from God was very apt as we shared our stories, found fellowship, and discovered creative ways of reflecting in prayer and meditation. Like previous DCF holidays, I went to serve and ended up feeling super-blessed and guided by God!

We enjoyed teaching, stories and videos about Joni Eareckson Tada and Wheels for the World. Matt shared from **Matthew 14 v 22-33** about Jesus calming the storm, and how He leads us into storms by divine appointment, He knows what is ahead of us and turns up just at the right time!

Our reflective times included visual journaling, listening to God using objects and exploring the Welcoming Prayer, a prayer of acceptance as we draw close to God's presence in our physical and emotional reactions to events and situations in daily life. We learned from one another and built each other up as we learnt more about God.

We were also blessed to join Tim's church, Bethany Community Church, for their Sunday morning service during their own weekend away.



Get in touch now to find out more about Time out with God in 2020

The fellowship, fun and hospitality were tremendous! It was a refreshing time hearing from God in beautiful surroundings and to be spurred on in our walk back home.

Why not join us on one of 2020's retreats—full details earlier in the newsletter.

Future Leaders

By Fiona Gosden – Deputy Church Inclusion Coordinator

I became a Christian through the CU at my University, so I was excited to attend the Christian Unions' conference this year, facilitate a seminar on 'Disability Inclusion in CUs', and help raise awareness of disability inclusion for our future leaders,

The session was well attended and the students came with vision, enthusiasm and some challenging questions. It was interesting to hear different ideas from each particular subject area. I enjoyed sharing ideas with a Speech and Language student on welcoming students with speech impairments to their CU family.

I feel strongly that every student should have the opportunity to hear the Gospel, serve and belong at their Christian Union. As I was preparing to share my testimony, I reflected on the access to my CU. We met in a lecture theatre that was not accessible for wheelchair users, so I was only able to sit on the back row. I was able to go to the meeting, but if someone came who needed an interpreter or knew they had to sit at the back, would they want to return? Would they feel like they belonged there?

We chatted about how important it is to examine these uncomfortable realities, share ideas and take responsibility to make changes so that CUs will be able to welcome everyone. One of the Roofbreaker sign-ups from UCCF is a medical student with a particular interest in learning BSL who was motivated by the seminar to start a BSL course alongside her studying (if a medical student can fit that into their diary I think there is a lot of potential for more student interpreters!). This would be just one fantastic way to serve the CU and welcome more students. We also had a CU leader sign-up who wants to develop her CU social media style to be accessible to every student.

It would be great if you could join us in praying for the students that came to the seminar, that they will have the confidence to take back what they have learnt and share with their CU leadership teams; that students will see lives of disabled people impacted by even the small changes they make to their meetings; and that stories will be shared with other CUs to motivate them too.

A Birthday Gift

A big thank you to everyone who's organised birthday donations to TTR recently. If you're a Facebook user, you can set up a birthday fundraiser in lieu of (or in addition to!) presents and help TTR's life-changing work. Just visit Facebook and use the 'Create' button to set up a fundraiser, nominating Through the Roof as your suggested charity. Thank you for your support (and have a very Happy Birthday!)



Help others celebrate by gifting your birthday

Thank You!

Margaret Bale would like to thank everyone who contributed to her farewell gifts on her retirement. She was especially touched by all the kind messages she received and would like to wish everyone God's blessing in the future.



Thank you from (and to) Margaret

Disability In Mission

By David Deuel & Nathan John

Book review by Tim Wood

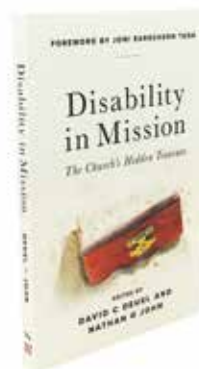
This book offers a bigger vision for mission in the life of the church. It wonderfully demonstrates how the involvement of disabled people as participants, leaders and missionaries creatively contributes to God's kingdom around the world. It shines a light on expectations shaped by the world's view of success rather than an understanding of the ways of God who 'chose the foolish things of this world to shame the wise.'

Each chapter reveals moving stories of people experiencing a life of disability, who in God's hands display His glory. This book challenges assumptions, and inspires us to deepen our commitment to those 'who seem to be weaker', enabling us together to exhibit God's grace and power and life in all its fullness.

The only negative is that it is limited in its range of accessible formats!

If, as a disabled person, you've not considered overseas mission before, this book would be a good place to discover what's possible. Then you could sign-up to one of our trips – we'd love to have you on the team!

A version of this article first appeared on www.oscar.org.uk, the website of OSCAR – the agency providing advice and resources for Christian Mission.



Available now from our shop at www.throughtheroof.org

Disability Inclusion In Our Churches

Events to equip churches and disabled people to serve Christ together

During February and March we will be holding four events to encourage churches to take a step further towards disability inclusion.

Disability inclusion in churches is more than ramps and accessible toilets--it's about belonging, feeling valued and being able to contribute.

We will be giving the 'Be a Roofbreaker' publication (worth £5) to any Roofbreakers attending, or anyone who signs-up on the day. Please consider becoming a Roofbreaker, or encourage someone at your church to do so.

These events will include life stories from disabled people, and encourage more stories to be told. Jesus is working in and through the lives of disabled people. Let's work together to make churches more welcoming and inclusive for disabled people.

- **Ashted – 1st February**
- **Edinburgh – 29th February**
- **Manchester – 14th March**
- **Bristol – 21st March**

Tickets £10 or 2 people for £15, plus booking fee (Support workers/enablers free)

Suitable for:

- anyone with a desire to see churches more welcoming and inclusive for disabled people
- anyone with welcoming, pastoral or leadership responsibilities in church life
- disabled people who would like to encourage others
- existing Roofbreakers
- curious potential Roofbreakers

Find out more and book tickets at www.throughtheroof.org/events or by calling Jan at the office on **01372 749955**.



Take the inclusion in your church to the next level

A Smile Costs Nothing

You can now support Through the Roof with any purchases you make through Amazon – simply sign up through their 'Smile' program (smile.amazon.co.uk) and enter 'Through the Roof' as your chosen charity, and we'll get a small sum every time you buy something. At no extra cost to you!

Together let's...

Bring Freedom

Encourage Friendship

Enable Faith



Through the Roof is the only Christian charity working with churches and people across the range of disabilities to extend God's kingdom

- £8 could provide a disabled person in a developing country with a Bible
- £20 could provide a solar-powered audio Bible to someone who can't read
- £28 could equip a church with a disability training workshop
- £42 could give the gift of freedom through a wheelchair

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