

# vitallink

Transforming lives through disabled people





Integr8 travels to Guatemala and Uganda



Stories from Nakuru



The Power of the Paralympics



Trent Valley Celebrates



Happy Holidays

Our Integr8 teams returned to Guatemala and Uganda this summer and witnessed some great practical and spiritual improvement since previous visits.

Last year in Guatemala, the team worked with one Christian school without any disabled students. The school was initially reluctant to include disabled pupils. During this year's visit we saw them welcome children with learning and behavioural difficulties and they were anxious to learn what more they could do. What an answer to prayer!

Our partners in Guatemala were: America Latina schools and ministries, Love the Child Ministry and New Life Education Ministry from Santa Maria de Jesus. We received some encouraging feedback from all of them, including, 'We learned so much from this wonderful team, who were really gracious, servant-hearted and insightful. The response from every group they talked to could not have been more positive. Thank you so much!' and, 'What a delightful team! I learned from them and enjoyed each one very much. The response was very positive from each group they talked to.'

We visited four schools, four churches, two children's homes, a hospital, and a disability club to inspire a spirit of inclusion and help bring a positive future for disabled children. As well as practical ideas to include disabled people, we shared Bible verses with teachers, parents, pastors, youth workers and

children, showing how God loves us all equally and that disability is not punishment for sin – sadly, this is still a commonly-held belief in Guatemala.

The team to Uganda included young blind role model, Lucia, who captivated parents and their disabled children with her testimony. We encouraged parents to share, and it was a breakthrough for many to open up about their struggles and feelings with each other. The team also led appropriate activities for the disabled children, some of whom had only left their home for the first time that day!

In Uganda, we worked with Response Initiative for Learning Disabilities again. RILD gave a lot of positive feedback from their organisation, their clients and their contacts. Our workshops empowered a gathering of disabled Christian leaders, and positively challenged their view of themselves in God's eyes and their outlook of the community.

God answered so many prayers for both teams and was without doubt at the centre of our mission. There is still work to do, but we were privileged to see God really working through us and our local partners.

In February 2012, Integr8 will be heading to the new destination of Moldova – the poorest country in Europe, working in partnership with the Christian charity, Breadline.

by Alan Whetherly, Philippa Woodcraft and Andrew Smith



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#### **Our Vision**

'... is of a world where all people live interdependently, mutually giving and receiving as God intended.'

Through the Roof Charitable Trust Ltd is a UK Registered Company number 04201510 with offices at SeeAbility House, 1A Hook Road, Epsom, KT19 8TH. It is also a Registered Charity Number 1087788.

Vital Link is designed and printed by PDC Copyprint (Kingston) www.pdc-kingston.co.uk



#### **Family Holiday**

Holidaygoers and helpers on the 2011 holiday

Through the Roof will be at Dalesdown again between the 10th and 13th April 2012, running our holiday for families with children on the autism spectrum. The trip has been filling up speedily, but we've still got just a few spaces left for families to join us. It's a great time for the whole family, with activities for everyone together, as well as one-to-one support for the autistic child, games and leisure for siblings, and plenty of social time, spare time and relaxation for adults.

We also need some more helpers to join the team. If you have a passion for working with young people, and want a special experience supporting a family taking a rare break then please get in touch. To find out more about the holiday, or to enquire about booking or volunteering, contact Margaret at the office on <a href="margaret@throughtheroof.org">margaret@throughtheroof.org</a> or 01372 737045.

#### **DCF Holidays 2012**



**DCF** in Tenerife

The summer is over and autumn leaves are fast appearing on the trees, then even faster falling off them, so we at TTR are already looking towards the DCF Holiday programme for 2012, and anticipating welcoming new people along to join in these very successful times away. Time is running out for applications for Majorca in May (2nd to 16th). We'll also be running our UK holidays at Babbacombe and Blackpool again, so please ring to ask for a brochure and information pack, and book your place as soon as possible. Not only will you make new friends, but you'll enjoy wonderful fellowship and plenty of times of laughter - so much you may not even notice the English weather!

#### A New Wheels DVD

TTR are producing a new DVD, following the 2011 Wheels for the World trip to Nakuru, showing how Wheels changes lives for the better, creating opportunities and freedom. It's due out in December – if you'd like a Wheels team member to visit you, show the DVD and speak about the work, or a copy of the DVD to share with your church or group, please get in touch with the office on **01372 749955**.

#### Wheels for 2012

We've got a few Wheels distributions planned in 2012 so far – here are the very earliest details. More news will follow soon.

We intend to take a team to Kimilili, West Kenya in late March and to Kampala, Uganda in June. We've got a return to Nyeri, South Kenya booked for late November.



Wheels at work in Uganda



**Agnes** 



Samuel





Pam and Stephi work with Faith

#### **Stories from Nakuru**

Nakuru, Kenya – Over a distribution lasting eight days, the team (Glenda, Eileen, Pam, Caroline, Linda, Roy, Gordon, Helen, Brenda, Alexa and Stephi) helped over 250 people and changed the lives of many more family and community members. Our youngest team member, teenager Stephi, wrote a daily blog when she was in Nakuru – to read the whole thing, visit our website: http://www.throughtheroof.org/wheels-blog. Here are a few extracts from her time there.

A lady called Suzanna arrived shuffling, bent over - she had Polio when she was younger - so we fitted her with a chair. Suzanna's friend Agnes also badly needed a chair, as she had also arrived crawling on the ground. With the help of a local Kenyan to translate they explained they had recently left Tanzania because there was no food and travelled 1000km to Nakuru by bus, boat and crawling. Some people's stories are amazing.

52 year old Samuel was born with a problem with his legs. In the UK he would have received physiotherapy and may have learnt to walk, but without physio his legs have withered and he can't use them at all. We had to find a really wide

wheelchair for him so he could put his legs up by his side as they were so tight he couldn't bring them down. I cut a foam cushion and we covered it in a beautiful crocheted blanket so he has something soft to sit on.

The last day was meant to be purely a 'clear-up' day but when we arrived, people were already waiting. One of the first to be seen was a 21-month old baby girl called Faith. She was disabled from birth. Pam taught her family how she could build up strength in the right side of her body. I really enjoyed being able to help with the exercises and distracted her with balloons, bubbles, a bag, a teddy, a blanket and grass! It is amazing how easily little children are pleased. While I was doing this Pam used therapy and exercises to help her. One involved putting a toy out in front of her right arm (her weak side) and seeing if she could take it. She did this really well. If the family use the exercises, she will be able to do much more and might even be able to walk. We have met such wonderful people and helped many with sad stories. I will always remember how the Kenyans smiled and said 'God bless you' all the time. On behalf of all the team, thank you very much – Asante sana.

#### **Christmas at Just Cards Direct**

Just Cards Direct are producing a range of beautiful handmade and printed cards, supporting Christian charities for Christmas. Just Cards Direct make many of their cards in community projects in Africa. Often these projects provide the only income to a widow or an orphan, helping to provide self-worth and security. They give away over 25% of their profits to Christian charities and Through the Roof will receive 10% of any card sales from our supporters.

This year, we won't be producing any Christmas cards in-house, but we'd be very pleased to recommend you use Just Cards Direct. Have a look and see what's there. Purchases may be made online at <a href="http://www.justcardsdirect.com/">http://www.justcardsdirect.com/</a> - but please remember to select Through the Roof from the charity list!



### The Power of the Paralympics

by Tim Wood, CEO

Increasingly media coverage and conversations are turning in anticipation to next year's Paralympics. The spotlight is falling on disabled people and God is providing a unique opportunity for the UK church to harness the power of the Paralympics and reach out to disabled people.

The Paralympics will offer opportunities for elite disabled sportsmen and women to use their gifts, experience community in teams, and use world-class accessible facilities. But surely the church has an even better offer – for all – of welcome, acceptance, love and using gifts in real community.

My eleven years experience working in disability sport and having former Paralympian, Alan, on the staff means Through the Roof is well-placed to resource churches, using the analogy of sport to think and act inclusively. We've already been approached by the Baptist

Missionary Society and Baptist Union to partner in their Paralympic resource: 'Undefeated', which will be available via their website: www.bmsworldmission.org/undefeated

The Bible Society are compiling a sports resource that features content from us and we're also advisers on the Paralympic Team for More Than Gold – the church's response to the 2012 Games.

How else can we practically make the most of this golden opportunity? You could write an article for your church newsletter promoting the inclusiveness of the Paralympics and church life; pray for Christian Paralympians to give God the glory; or perhaps organise a Paralympic-themed event for disabled people in your community. We'll provide web resources to help you, so do visit: www.throughtheroof.org



# The Youth Ambassador's Reception by Philippa Woodcraft

Since becoming Youth Ambassador in March, the time has flown. I've visited a number of churches, and spoken in a variety of places, including to youth groups, congregations and churches together meetings.

In each talk I give my testimony, and some of the experiences from growing up totally blind, for example, everyday difficulties, and how supportive my own church has been. I tell people about my schoolteachers' reactions to me to demonstrate the different attitudes I've encountered and how they affected me. My maths teacher used to run away if he saw me coming and would never speak to me directly because he was frightened. But my Art and English teachers did everything they could to include me in lessons, just by changing small things, like giving me clay rather than drawing materials. It's not always about big changes – sometimes the smallest adaptations make the biggest difference.

I also tell people about TTR's work and encourage them to get involved. I share the biblical basis of what God thinks about disability. Recently, I spoke to a youth group and asked them to tell me if I had got Bible verses right, or if I had misquoted them. I said "in Genesis 1:27 it says 'so God created man in his own image ... Male and female he created them. But the disabled people God did not create". Straight away they told me that was wrong. This grabbed their attention and got them interacting with me and my message.

I have had positive reactions from each visit. Each time, God has given me the words for each group. People have told me that they found my words a blessing, and I pray that it has helped them to embrace inclusion. If you have a group you would like me to speak to, please contact me on **07841087806** or **Philippa@throughtheroof.org**, my twitter username is **@philippattr** and I am on Facebook as '**Philippa Woodcraft TTR**'. If you wish to keep up with what I'm doing, please see my blog at **www.promotingdisability.blogspot.com**.

#### Dear Through the Roof Friends...

by Joni Eareckson Tada



When I think of the great work the team at Through the Roof is doing, 1 Thessalonians 5:11 comes to mind, "Therefore encourage one another and build each other up, just as in fact you are doing." Tim and the staff and volunteers work hard to spread the Jesus encouragement of to families affected by disability in the UK!

Through the Roof squeezes every ounce of ministry out of the resources God provides – and I think you'll agree, they're doing a great job. Wheels for the World just returned from a fruitful trip to Kenya providing mobility and Bibles to 250 disabled people. The team included Stephi, a 13-year-old whose school raised over £13000 for Wheels. Stephi went to see the difference her school's gift was making and sent blog posts about the trip. Her personal journey was also captured on video to inspire a younger generation with the work!

And the future? I'm excited that in 2012, the TTR team is planning special resources, themed around the Paralympics. Does it sound exciting? Hey, then get on board – why not share the love of God with disabled people through your own church?! Through the Roof stands ready to train you for any level of ministry you desire.

Friend, please continue to pray for the work and share your gifts. Each prayer and gift translates into an incredible impact for the Kingdom of Christ. Your friendship is a huge encouragement as you "build us up" in the spirit of First Thessalonians 5:11. One more thing. Jot a note to the good folks at Through the Roof and let my friends here know you'll be cheering them on in this wonderful new season of ministry outreach to disabled people and their families!



#### Presents and Gifts

by Jenny Edwards

I have just wrapped up a present for my great niece Emily on her birthday. I love wrapping presents and anticipating the day when they are opened. I particularly think that at 3 years old, birthday presents are quite special, so I hope Emily likes

the present I have got for her. But what if she simply accepts the present, says thank you but never opens it? Highly unlikely for a 3 year old, but let's just imagine that is what happens. Her present remains all brightly wrapped, completely hiding the contents, but safe.

Her mother will probably put it away on a shelf or in a cupboard, and although it can still be looked at, no-one knows what is inside, and more than that, Emily will never enjoy her present unless she opens it.

In John 3 v 16, that very well known verse, we are told God has sent us a gift in the form of His one and only Son. Such a precious gift and a free one, yet so many of us accept that gift but never unwrap it to discover all that God has for us in our new life with Him. It is exciting finding out all that God wants for us when we have accepted Him, so please do not just leave your gift wrapped up and on the shelf, open it and discover daily its contents.

#### **Trent Valley Celebrates**

by **Chris Key** 



The team in the kitchen



**Celebrating eight years of Trent Valley** 

# Thank You for Your Donations

Thank you all for everything you give – all the work you see in the Vital Link, and all of our ongoing projects, would be impossible without your support. We endeavour to thank every donor, but sometimes receive anonymous gifts, or gifts without a return address, and respond to them here... an anonymous donation of £25 in memory of Ken Dyson, £20 from M Bennett for Wheels, £25 anonymous for Wheels, £100 anonymous for Wheels, £50 anonymous for Through the Roof and a £200 donation from GC and JF Norris for the work of TTR.

It is 8 years since Sharon rallied a team to start up the Burton-on-Trent DCF group. The group is now run by Joy Hincks and some wonderful volunteers, who all do a fantastic job. We now have 60 - 70 regular members each month. On September 17th, we celebrated our anniversary with Jenny Edwards. She showed us lots of conkers - all different shapes and sizes, some looking perfect but others with blemishes, just as we are. But God made us and loves us unconditionally, and can use us in different ways if we come to know Him through Jesus. We all have a gift! This was demonstrated by Joyce Cooper, who showed us a beautiful tapestry of 'The Last Supper' she made, even though she has problems using her hands.

Gordon West read a poem and sang a song, (both written by him), again showing the hidden talents we have.

We sang three hymns to celebrate – How Great Thou Art, Father I Place Into Your Hands and Shine Jesus Shine, which was one of Sharon's favourites - and her face used to shine despite all her disabilities - a wonderful hymn to finish on. Tea, coffee, cakes and biscuits followed with time to chat to all our DCF friends and to look at Jenny's stall, full of goodies! I am sure Sharon was with us in spirit as we celebrated our eight birthday with happiness and joy.

We raised £96 by having a cream tea in July for a local Riding School for Disabled, who are trying to raise £40,000 for much needed work. Everyone enjoyed the homemade scones. At our December meeting, we will celebrate Christmas, with a party for all members – more baking for me – mince pies this time!



We have now set up a quick and easy way to donate to Through the Roof's work by texting from your mobile phone. Send a text to 70070 containing one of the following codes; roof22 to give a donation to through the roof, wftw22 to wheels, intg08 to integr8, or dcfd22 to DCF, then the amount you wish to donate (whole pounds only). Do let us know if you find this new service useful!

#### Fleming Fulton Keep Giving

by Carol Mills



Above - Carol (second from right) and Fleming Fulton staff and pupils visit the container

**Right - Carol and class** 

Northern Ireland Co-ordinator, Carol Mills recently took her class of ten-year olds from Fleming Fulton School in Belfast to visit our Northern Ireland wheelchair container in Hillsborough. The class brought paediatric wheelchairs, rolators and crutches to donate, and wrote about their visit, what it means to them, and what it could mean to the recipients of the chairs.

Conor wrote, 'I think the children in Africa should have wheelchairs so they can get about. Their Mums and Dads would be so proud of them. Whenever their families hear about Fleming Fulton giving them the wheelchairs they will be so pleased that a school in Belfast would help.'

Katie wrote, 'Wheels for the World have a big container. We take wheelchairs there. Wheels for the World gives children equipment they need. These are children in poor countries that do not have wheelchairs and equipment like we do.'

Sophie wrote, 'If you have a wheelchair you can push yourself around. You can put your

DCF group leader, Chris Key, was inspired by Jenny Edwards' recent talk at the Trent Valley 8th anniversary on the theme of gifts.

Chris contacted us to suggest people raise funds for TTR by using their gifts to bless others, in return for a donation towards our work.

We all have a gift that we could use - for example baking, dog-walking, child-minding, decorating, knitting, ironing, photography... there are lots of things people can be good at!

Remember, it doesn't have to be a physical gift - you could offer your knowledge (such as financial advice, IT support or gardening know-how). Why not give one hour of your gift to people you know, then ask them to donate to Through the Roof?

brakes on. You can go outside and do things you couldn't do before. I think it is good to send the children wheelchairs so they can get about.'

Josh – 'My friends Katie and Sophie have a wheelchair. I think they make it look easy to get around. I think the kids in Africa should have wheelchairs too. It would be awesome!'

Joseph – 'We had a good time at Hillsborough. We saw the container and we went into the container. We put forty wheelchairs into the container. The wheelchairs were from school. People had finished with them but they will go to help people who need them.'

Tamara – 'If the children in other countries had a wheelchair they could go out with their Mummy and Daddy. Maybe they could go to get food. They could visit their Granny and Grandad. Maybe they could go to school and play in the park with their family and friends.'

The class also wrote a prayer together after the visit, 'Dear God, We pray for all the children who get our wheelchairs. We pray that you will look after them and help them to get about. Amen.'



Stella Roscoe, ex-image consultant, shares her gifts and expertise at Ashtead's Summer Garden Party, raising money for Wheels for the World

## "We All Have a Gift"

### **In Memory of John Aves**

As we finished the Vital Link, we received the sad news that John Aves passed away on the 11th October. Wheels Co-ordinator, Glenda Pike, said, 'John Aves with Paul Dicken founded Wheels for the World in 1998 in the UK. Working at the Duke of Cornwall Spinal Unit Wheelchair Department in Salisbury, his expertise was invaluable and made him an excellent team member, support, friend and

advocate for Wheels. John travelled on many wheelchair distributions and organised the 'loaders' for over 40 containers of wheelchairs and other mobility aids from the farm. John will be sorely missed. Our sympathies go to his wife Ann, children David, Jacky, Marrianne, Peter, partners and grandchildren.' Paul Dicken writes, 'John worked with me to establish WFTW here in the UK and went on all the early trips, setting the high standard of the work. John's expertise will be a huge loss to Wheels to the World, and he will be missed by all of us to whom he was a much-loved friend. Our love and prayers go out to Anne and her family at this sad time.'



John Aves (front left) and the Uganda 2010 Wheels team

## **Happy Holidays**

DCF in Blackpool by Myrtle Appleton



**Everyone together at Blackpool 2010** 

It was September 5th and people from all over the globe were on their way to sunny St. Anne's, Blackpool! Well, maybe not all over the globe and definitely not sunny. Our holiday leader, Ruth, did an amazing job running everything – visits to the lights, Blackpool tower and a coach-trip to Stockport. She also booked three sessions in the hotel hydrotherapy pool. This was great fun and enjoyed by all, especially Christine who used to be a lifeguard in her youth before MS took hold. It was pure joy to see her enjoying the water.

We had some great meetings. Our theme for the week was 'Parables'. Carers took the morning meetings and we had guest speakers in the evenings. We visited Cleveley's local DCF meeting.

The weather was damp and dreary but the guests and carers weren't, I didn't hear one complaint about the weather!

We had four birthdays during the week and so had a party followed by a short concert on the Saturday lunchtime.

Jenny came and visited us for a few days to make sure we were all having a good time, she also took our evening meeting on the Saturday. Why not come and join us next year?

## ENABUNG Church – the conference in a book

2010 a groundbreaking conference entitled, 'Enabling Church', was organised by TTR and partners in the Churches for All network. The wisdom, knowledge and experience of many who presented on the day has now been distilled into a seven-session Bible Study. Available from spring 2012 this resource will encourage small groups

to study topics such as 'Made in His image', 'Standing up for Justice', 'Experiencing God as Community', and 'Living with Diversity'. Groups can choose from a flexible menu of study materials, stories, personal views and a mix of discussion, worship and prayer activities suited for a wide range of churches. Contact us now to register your interest.

t: 01372 749955 e: info@throughtheroof.org w: www.throughtheroof.org



Dear Through the Roof supporter

#### The needs are great so please would you 'bee' generous!

Did you know that in its lifetime a bee produces just one teaspoon of honey? You may think it's not worth the effort, but bees set us a great example of generosity...

Can you imagine if a bee's mindset was to see the size of the task of producing just one jar of honey and decided to quit? Thankfully, they don't. Bees work together in community, each generously contributing to the whole. Bees certainly live out 2 Corinthians 8:3: 'they gave as much as they were able'. Can we say the same of ourselves, I wonder?

You could see the size of Through the Roof's task and be overwhelmed...

- 20 million disabled people need wheelchairs
- 40 million disabled children don't receive an education
- All disabled people are twice as likely to be in poverty, or be victims of abuse, resulting in exclusion and isolation from other people

The needs are great but you can make a real difference. This year the prayers, sacrificial service, and donations – large and small – of individual supporters like you have transformed hundreds of lives. Disabled children in developing countries started school after we trained pastors and teachers; disabled people benefited from friendship and a listening ear; families with autistic children had a much-needed holiday; and many in developing countries received the gift of a wheelchair and a Bible. Stephen is one of those changed lives...









Stephen lives in rural Kenya. He is a severely disabled boy, whose parents sadly recently died, and is now cared for by his grandmother. Our Wheels team provided Stephen with the gift of a wheelchair and a Bible. Now he has mobility and hope for the future, and his Gran's life will be a little easier too.

Thank you so much for your connection with Through the Roof. We only make a financial appeal once a year, so can I urge you to consider joining with others to donate towards the year ahead. We are dependent on God and others, like you, for the funds to ensure this vital work can continue, so please be(e) generous and give 'as you are able'.

Please give using the enclosed donation form, which also has details of how you can donate on-line or by text.

With every blessing and sincere thanks

Tim Wood

Chief Executive Officer

Through the Roof

Mood

P.S. If you can give a few pounds regularly by standing order it will make a real difference, help our planning and give the charity greater stability – thank you.

# Please partner with Through the Roof in our mission to transform lives through disabled people...



Anything you give will make a difference.
Thank you!

#### **One-Off Gifts**

Issue number (If applicable):

Valid from date:

Just text ROOF22 followed by the £ sign and the amount you Wish to donate to 70070 wish to donate, to 70070. If you would like to donate online, please go to our website, www.throughtheroof.org and donate via Charity Choice. If you choose to give in this way, we'd be grateful for an email to let us know (accounts@throughtheroof.org). I am pleased to enclose a donation by cheque / charity voucher / postal order We like to thank all our donors by letter, but please indicate if you would prefer an alternative: I would prefer to receive acknowledgment of my gift by email There is no need to acknowledge my gift Please turn over for giftaid it and donor sections. OR I would like to make a donation by credit / debit card of (amount): ...... **RETURN** Card number: **INFORMATION** Please return Security Code (Last 3 numbers on back of card): this form to:

Please turn over for giftaid it and donor sections.

Expiry date:

Interested in regular giving? Please turn over!

Please return this form to: Through the Roof, PO Box 353, Epsom, KT18 5WS

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With your financial support, Through the Roof can continue to provide life-changing opportunities for disabled people and equip churches, individuals and communities to do the same.



You are partnering with us in working towards a world where people live interdependently, mutually giving and receiving, as God intended. *Once again, thank you!* 

Pogular Giving	
Regular Giving (by Standing Order)	
Name of bank:	
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Your bank account number:	Sort code of your bank:
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Please tick here if you would like us to contact you about leaving a legacy.